

# NUS program



29 september – 1 oktober 2023

Stockholm

## Friday 29 september

17:00 **Meet on DUKIS, Swedish staff is there and welcome you!**

(address to DUKIS: Olof Palmes gata 27, 111 22 Stockholm)

17:30 Information and icebreaking

18:30 Dinner

20:00 Check in at the hotel

**Rest of the evening: Free time**

## Saturday 30 september

07:00 Breakfast opens

09:00 Nordic Youth Seminar "Break taboo!" begins!

09:30 Workshop with Äkta män projekt (Break included too)

12:00 Lunch

13:30 Plural love: Understanding Non – Monogamy and Polyamory –  
Federica Bonacci

15:00 Breaktime

15:30 Activites

17:30 Free time for relax, social time or sightseeing by yourself in  
Stockholm

18:00 Back to DUKIS and eat the dinner

19:30 Open for everyone 18-35 years old to come inside with entrance  
fee, **free for NUS participants!**

20:00 Close and Standup with Florian Tirnovan (FLOWTV)

21:00 Pub evening in DUKIS, also open for everyone 18-35 years old outside NUS.

Rest of the evening: free time

### **Sunday 1 October**

07:00 Breakfast opens

08:30 Check out from the hotel and bring your bag to DUKIS.

09:15 Group photo!

09:30 Att vara döv och ha psykisk ohälsa - Antonia Rodrigues Da Silva

11:30 Thank you, evaluation and the NUS closes

12:00 Lunch

13:00 Departure from DUKIS

With reservation for changes. The entire program is alcohol and drug free until your free time.

